

I, \_\_\_\_\_ ,  
*Name of the reference (who is not a family member of the person wishing to participate in WYD Panama 2019)*

of \_\_\_\_\_ ,  
*Name of the parish/community/movement/company/organization/school*

attest to have known \_\_\_\_\_ for at least one year.

*Name of the person wishing to participate in WYD Panama 2019*

We have collaborated, worked, or done volunteer work together within our community/in our work environment. I confirm that this person understands the nature of this pilgrimage and that he/she responds well to the participant’s profile as described below.

**Participant’s Profile – Pilgrimage WYD PANAMA 2019**

Young adults (18-35 years old) who will :

- Be in good physical health. (Take into account that he/she will sleep on the ground, walk long distances, experience time shifts, potentially experience extreme weather conditions, and endure hardships and must do so with restraint, simplicity and joy.)
- Be in good mental, emotional, psychological, and spiritual health, without any addictions to drugs, alcohol, or other...
- Be part of a group, and respect the directives given by another adult who will be responsible for the group
- Remain with the group at all times during the pilgrimage.
- Have the ability to adapt to urgent or spontaneous needs of the group, should they emerge.
- Accept to live the proposed experienced and itinerary.
- Participate in moments of prayer, daily mass, and group sharing.
- Become involved in preparing the pilgrimage, accompaniment, meetings, etc.

**This pilgrimage in Panama for WYD 2019 aims to increase personal spiritual growth.**

WYD IS A PILGRIMAGE AND NOT A VACATION!

“A pilgrimage is a journey a pilgrim makes to a sacred place for the purpose of venerating it or to ask for heavenly aid, and ultimately to come to know God better... We modern pilgrims also leave our homes, families and comforts in order to journey to sacred places to encounter God.”

Reference : wyd.com

WORLD YOUTH DAY IS A CALL TO MISSION!

“It was wonderful to take part in World Youth Day, to live the faith together with young people from the four corners of the earth, but now you must go, now you must pass on this experience to others. Jesus is calling you to be a disciple with a mission!” - Pope Francis

Pope Francis’ words help us to see the pilgrim spirit that transcends WYD. A pilgrim must be disposed to initiation and implication in his/her Catholic faith, and involvement in his/her Christian community before, during, and after the pilgrimage.

\_\_\_\_\_  
/ /

\_\_\_\_\_  
**Signature** of the reference

\_\_\_\_\_  
**Date** (MM/DD/YYYY)

**INFORMATION ON YOUR PARISH/COMMUNITY/MOVEMENT/COMPANY/ORGANIZATION/SCHOOL**

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CITY :		POSTAL CODE :	
TEL. ( )		TEL. (OTHER) ( )	
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