

Solidarity and Works of Mercy

Resources

Archdiocese of Montreal Covid 19

Information:

<https://www.diocesemontreal.org/en/covid-19>

The Grapevine:

Sign up by sending an email to:

thegrapevine@diocesemontreal.org

Quebec Health and Social Services

Info:

<https://publications.msss.gouv.qc.ca/msss/en/sujets/covid-19>

Spiritual resources:

Lockdown - a poem:

<https://www.irishcentral.com/news/coronavirus-lockdown-poem>

A Coronavirus Prayer:

<https://www.americamagazine.org/faith/2020/03/02/coronavirus-prayer>

Check out the Grapevine for details of a virtual Parish Mission taking place online next Monday Tuesday and Wednesday evenings (March 30, 31 and April 1) at 7p.m.

As we live through the unprecedented days of the Covid 19 pandemic, practicing social distancing, handwashing and finding new ways to connect, can we take the time to reflect on our collective vulnerability, our interconnectedness and the way the Spirit continues to work for good?

As our schedules free up from long planned commitments, we have time to reflect, to pray, to spend time with family or with ourselves. We are asked to give up our personal comforts and preferences for the greater good and the health of those most vulnerable among us. We have opportunities to be kind. We are led to experience a taste of the uncertainty and fear that many who live elsewhere in the world have been living in all kinds of circumstances.

Each Monday, I will send out an e-mail to volunteers in the English sector with resources, updates and stories to keep you in touch with what is happening in our community. Please feel free to send in anything that you would like to share.

While all of the coordinators are now working from home, SASMAD is not closed. André Dupré is holding down the fort and we are in touch with our volunteers on a regular basis.

For all of you who have been calling seniors, dropping off groceries, praying and helping. THANK YOU!

A brand-new **telephone support service** has been set up in the diocese in collaboration with SASMAD. Those who wish to talk or have some spiritual support from the Catholic Church in Montreal can now call **1-888-305-0994 seven days a week, from 10 a.m. to 4 p.m.**, SASMAD coordinators will each have their day on call to respond to one-time calls, but if we find that a particular person would need more regular support, we would ask them if they would like to receive a call every two or three days from one or more volunteers. We will try to match this person with a volunteer from our service. It is our act of solidarity and a way of doing works of mercy in these times of trial.

If you have a little availability, if you're healthy, and if you wish to be part of this telephone support service set up at the Archdiocese, please send us your name and phone number. It is best to contact your coordinator (Cathie), your team leader or SASMAD (514-272-4441). When we have a special request for regular telephone support, we will call you to give you the person's contact information. It will be up to you to call them, introduce yourself as an archdiocesan volunteer and set the schedule of your future calls. You may protect your phone number via your phone provider. THE SASMAD TEAM

Do you have some extra time? Maybe now is a good time to get caught up on **your visit reports!** Go to: <https://www.bishopdowd.net/sasmad/>. Telephone visits are visits and you can record them by choosing "telephone visit" from the dropdown menu.

Pastoral Home Care – SASMAD English sector

Cathie Macaulay - Coordinator cmacaulay@diocesemontreal.org

SASMAD Office: 514-272-4441