# <u> ≝Bridge</u> Service d'accompagnement spirituel des personnes malades ou âgées à domicile

Volume 95

#### **IMPORTANT DATES:**

Pastoral Home Care

SASMAD

Thursday, December 3 7:00-8:30 p.m. Social Isolations and the Lessons of the Lockdown

A public lecture organized by the English-Speaking Catholic Council with Milton Friesen and a panel response. Click here to register

#### Saturday, December 5

## **International Day of** Volunteers

Thank you for all that you do!



#### Monday, December 7

9:30-11:00 a.m. is our regular meeting of the Widow and Widower Support Group. This gathering is open to anyone grieving the loss of a spouse.

Contact Anne Parsons at 514-457-2183 or parsoa2003@yahoo.com

## **Thursdays during Advent**

12:15-1:00 p.m. Online **Lectio Divina Prayer** "How is God Calling Me?" organized by the Office for **English Pastoral Services** Click here to register

# Waiting in Joyful Hope

Advent is a time of hope. In reflecting on how we could gather our volunteers this Advent season and in face of our powerlessness to gather with our volunteers, with our beneficiaries and even with our families, SASMAD has come up with a simple project that can help us stay connected in our mission of hope and holiness.

Our proposal for Advent 2020, for those we 'visit' and our friends and family that we are in touch with over the Advent season, is:

- 1. If they have not already done so, suggest that they bring an object that gives them comfort and place it in a prominent place in their living space. It could be a candle, a manger scene, a special card, or some Christmas lights.
- 2. In a few words, share with them what gives you hope this Advent.
- 3. Ask them: What gives you hope? What gives you hope in this last month of 2020?
- 4. Communicate (by e-mail or by telephone) to your coordinator your own hope, the hope of the person you visit and that of any of your friends and family.
- 5. The SASMAD team will compile your responses and will bring them to St. Isaac Jogues Parish, our home base.
- 6. Fr. Nicholas, the parish priest, will have a special blessing ceremony upon all these hopes. No doubt, the Lord will listen to our hopes and bless them too!



Staying Connected Looking to be in touch with a group in the Montreal English Catholic Community? Check out the English Montreal Catholic Directory at: http://catholicmontreal.ca/.

Want to know what is going on in the community? Sign up to The Grapevine for news and events: thegrapevine@diocesemontreal.org

#### **SASMAD** News

Our new website is up and running! Volunteers are busy translating the info into English. Check it out here. Did you know you can enter your visit reports directly through the website now? Click here to see how.

Due to interest by our volunteers, we are preparing a formation on telephone accompaniment sometime early in the new year. Stay tuned!

Our spiritual support line is still available for anyone who needs a kind voice and a listening ear: 1-888-305-0994.

Pastoral Home Care – SASMAD English sector Cathie Macaulay - Coordinator cmacaulay@diocesemontreal.org SASMAD Office: 514-272-4441

514-983-2685