

## Happy New Year 2022!

### IMPORTANT DATES:

#### **Monday, January 10**

Online support after the loss of your spouse, 9:30 -11:00 a.m.  
For more info. and the Zoom link, contact Anne Parsons at 514-457-2183

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#### **Tuesday, January 11**

The monthly prayer gathering for the *Friends of Mercy* will be held at 3 p.m. All are welcome. Call SASMAD at 514-272-4111 to receive the Zoom link or contact your coordinator.

#### **Monday, January 24 at 7:00 p.m.**

The Council on Palliative Care presents: *Making Sense of Loss: Understanding and Affirming your Grief* with Anita Mehta. Zoom link: <https://us02web.zoom.us/j/89007723674?pwd=MTNzWlBKThpCdlpndGZHNTJ1Z3VlQT09>. All are welcome.

### **SAVE THE DATE:**

#### **World Day of the Sick 2022**

Celebration on Saturday, February 12 from 9-2 p.m. with Archbishop Christian Lépine at St-Isaac-Jogues Parish. Details to come.

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On behalf of our whole SASMAD Team: André, Bérénice, Christiane, Francine, Blanca, Maria Regina, Marie and myself (Cathie) as well as the Board of Directors of Les Amis de Jeanne Mance who fund our ministry, we wish you every blessing in this new year. May God's graces be abundant. Here is an excerpt of a prayer by Sarah Bessey that articulates our wishes for you, dear visitors:

**I pray for gentleness in you and for you this year.** May you see the goodness of God in your actual days. May you be given wisdom and joy, may you walk in truth and justice. I pray for cold water when you are parched, for warmth when you are cold, for a hand to hold when you are lonely, for the steady and abiding presence of God in the night.

I bless you. I bless you for the work God has given you to do. I bless you for the ways you have loved this year, for the resolute faithfulness of you. **I bless the unseen and uncelebrated ways you have done your bit to repair the world.** I bless your resilience and your suffering, I bless how you have forgiven and released and welcomed this year. **I bless the work you do and pray that you find God's good rhythm there.**

As we turn towards a new year, may the God of all goodness and hope walk with you on this road, singing as we make our way home. May you be welcomed in this new year with joy and rest.

And may you greet 2022 with courage and grace, knowing and resting and abiding in your belovedness.

Source: <https://sarahbessey.substack.com/p/prayer-for-2022>

### **Friends of Mercy**

Do those you visit wish to join in praying for SASMAD and all those that it ministers to? Do you have a specific prayer request? Would you like to pray with our calendar of daily intentions?  
Contact: [misericorde.mercysasmad@gmail.com](mailto:misericorde.mercysasmad@gmail.com) for more information.

Because of increased health restrictions, phone visits for most. Extreme caution for visits to the most isolated and to the dying.



## **Pastoral Home Care – SASMAD English sector**

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