

SASMAD resumes their visits

IMPORTANT DATES:

Wednesday, March 2

Ash Wednesday

Monday, March 7

Online support after the loss of your spouse, 9:30 -11 a.m.
New members are welcome.
For more info. and the *Zoom* link, contact Anne Parsons at 514-457-2183.

Tuesday, March 8

International Women's Day

Thursday, March 10

PHC Coordinators' Meeting
10 a.m-12 p.m. online.
All are welcome!

Friday, March 11

Prayer time with SASMAD and the Friends of Mercy, 3 p.m.
Link to join:

<https://us06web.zoom.us/j/82485607791>

Thursday, March 17

St. Patrick's Day

Saturday, March 19

Feast of St. Joseph

Friday, March 25

Feast of the Annunciation

A big **THANK YOU** to all who participated and planned the 2022 World Day of the Sick celebrations. We had good participation in all three events, and we distributed almost all of the 1500 cards that were printed in English and French. Thanks to the network of volunteers who reached out to those who are sick to include them in this special celebration.

As sanitary measures are being lifted by the province, many volunteers are asking: what do I do as a SASMAD volunteer? While conditions are improving, we will need to live with caution for the foreseeable future. Here are some guidelines for your visits:

- *If you feel comfortable*, you may resume in-person visits at your own pace and the pace of the person you are visiting. Please continue to wash your hands, wear a mask, and observe social-distancing measures. Otherwise, telephone visits remain a good option.
- *For Communion visits*, you may bring the Eucharist to those you visit in their home, respecting the guidelines above and ensuring that you sanitize your hands before giving them the Host.
- *For the Sacrament of the Sick*, you may refer requests for the sacrament to your parish priest and they are allowed to visit in person. If you have difficulty finding a priest to administer the sacrament, please contact the SASMAD office.
- *For group visits or Communion services in senior residences*, please follow the guidance and protocols of the recreation director/contact of the individual residence.

Thank you for your faithfulness and your prudence in looking out for the health of those you visit as well as your own health! Don't forget to fill out your visit report.

Ongoing formation opportunity

March 16, 10:00 a.m.-12:00 p.m.

Identifying Elder Abuse- What are your rights if you are a victim?
Offered by Seniors Action Quebec with Ann Soden and Daphne Nahmiash.

Register here:

<https://www.seniorsactionquebec.ca/en/events/upcoming.html>

Please stay tuned for an opportunity to participate in the Synod conversation through SASMAD and to engage those you visit in the process. Details to come!



Pastoral Home Care – SASMAD English sector

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