

May the light of your soul guide you
by John O'Donohue

May the light of your soul guide you.

*May the light of your soul bless the work
you do with the secret love and warmth of your heart.*

May you see in what you do the beauty of your own soul.

*May the sacredness of your work bring healing, light and
renewal to those who work with you and to those who see and
receive your work.*

May your work never weary you.

*May it release within you wellsprings of refreshment,
inspiration and excitement.*

May you be present in what you do.

May you never become lost in the bland absences.

May the day never burden you.

*May dawn find you awake and alert, approaching your new
day with dreams, possibilities and promises.*

May evening find you gracious and fulfilled.

May you go into the night blessed, sheltered and protected.

May your soul calm, console and renew you.

By John O'Donohue *Anam Cara* p.160