





To begin: These prayers are inspired by Psalms 90, 8, 17, 25, 20

- 1. O Lord our God how great is your name in all the earth, you love us and want us to be happy; help us prepare our sharing and be with us as we begin this spiritual conversation. Help us to listen carefully to hear your voice. Amen.
- 2. Lord you have been our dwelling place in all generations, send your Spirit to be with us as we prepare, show each one of us what you want us to share. Help us to listen to your voice through our sharing with one another. Amen.
- 3. We call upon you for you will answer us O God, incline your ear to us hear our words as we begin this time of sharing. Amen.
- 4. To you O Lord we lift up our prayer, we trust in you, help us to know your ways, as we begin our time of preparation, sharing and listening. Amen.
- 5. May God grant us the desires of our hearts and fulfil all our plans, as we place ourselves in your presence O Lord. Amen.

For giving thanks: These prayers are inspired by Psalms 95, 40, 103, 115

- 1. Thank you Lord for being with us and for this wonderful time of sharing, bless our family. Amen
- 2. It is good to give thanks to the Lord, to sing praises to your name O Most High, to declare your steadfast love in the morning and your faithfulness by night. For you O Lord have made us glad by the works of your hand. Thank you for our family and for being with us during this time of sharing. Amen.
- 3. We thank you Lord for when we call out to you, you hear our voice; happy are they who put their trust in you. Thank you for our family and for this wonderful time of sharing. Amen.
- 4. Bless the Lord O my soul, let all that is within me bless the Lord, we thank you for our family and for this time of being together in your name. Amen
- 5. You who fear the Lord trust in the Lord, he is our help and our shield; the Lord has been mindful of us and has blessed us in this time of sharing. May the Lord who made heaven and earth, bless our family now and always. Amen